2020 Report Year - Healthcare Effectiveness Data and Information Set (HEDIS)

HEDIS (Healthcare Effectiveness Data and Information Set) is a set of standardized performance measures designed to ensure that healthcare consumers have access to reliable information to better compare the performance of health plans. More than 90% of America’s health plans use these standardized measures to evaluate plan performance. When health plans participate in the Marketplace Exchange, also known as Covered California, they are required to submit an annual HEDIS report to regulatory agencies such as the National Committee for Quality Assurance (NCQA) and the Centers for Medicare and Medicaid Services (CMS) detailing how they have performed in the standardized measures. For the HEDIS 2019 Measurement Year (January 1, 2019 to December 31, 2019), or report year 2020, special scoring rules were applied as a result of the COVID-19 pandemic. Covered California took the higher-of scores for Measurement Years 2019 and 2018.

For measurement year 2019, or report year 2020, Valley Health Plan was awarded four stars by Covered California’s Quality Rating System and Indicator Rating Fall 2020. The star rating for “Getting the Right Care” category is directly attributed to the plan’s HEDIS scores.

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<th>Issuer</th>
<th>Getting the Right Care</th>
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<td>Valley Health Plan HMO</td>
<td>★★★★</td>
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VHP monitors and tracks HEDIS scores for the Covered California line of business to evaluate performance of clinical quality measures and other important aspects of care and services provided by network providers. HEDIS measures relate to many significant public health issues such as cancer, heart disease, asthma, and diabetes. VHP is working to improve HEDIS measures in 2020, for more information on HEDIS Measurement Year 2019 (report year 2020) click here.

As Valley Health Plan works to improve 2020 HEDIS measures, we ask our members to make sure they are scheduling and completing preventive screening services as this is one of the most important steps they can take to stay healthy. Preventive care can identify early health issues. Some of the most important preventive HEDIS measures are cancer screenings like breast cancer, cervical cancer, and colon cancer.

Another important way to improve our members’ health outcomes is by encouraging members to receive their immunizations, especially flu vaccine annually, to stay healthy. Parents are also encouraged to have their children receive their childhood immunizations and well-child visits.

VHP offers programs to help diabetic members to manage their diabetes through wellness programs and chronic condition case management. For continuing diabetes care, it is important for members to visit their doctor, have their blood checked (the A1c level reflects the average blood glucose level over three months), and to get a diabetic eye exam.

These activities can improve member outcomes. Our commitment to improving HEDIS scores is reflective not just of Valley Health Plan’s focus on quality management, but also on a commitment to member wellness and population health.