



Health Care Reform

Preventive Drug Coverage Guidelines

Updated October 2018

The Affordable Care Act (ACA) requires that eligible people get certain preventive services at no cost. The following four categories and related drugs are clinical recommendations in the ACA. They are included in the ACA as preventive services. The ACA was passed in 2010.

Breast Cancer Prevention

Prescribe for women who are at increased risk of breast cancer (5-year risk of three percent or greater) and at a low risk for adverse drug effects. This applies to women without symptoms age 35 years or older. Also, they should not have a prior diagnosis of breast cancer, ductal carcinoma in situ (DCIS) or lobular carcinoma in situ (LCIS). These drugs should not be used in women who have a history of thromboembolic events (deep venous thrombosis, pulmonary embolus, stroke, or transient ischemic attack).

Medications	Coverage Guideline	Age Guideline
tamoxifen	20 mg daily for up to 5 years	Women, age 35 and older
raloxifen (Evista equivalent)	60 mg daily for up to 5 years	Postmenopausal women

Cardiovascular Disease Primary Prevention

To prevent cardiovascular events and mortality, prescribe low-to-moderate statins for adults without a history of cardiovascular disease when they 1) are 40 to 75 years of age, 2) have greater than or equal to one risk factor, such as dyslipidemia, diabetes, hypertension, or smoking, and 3) when the calculated 10-year risk of a cardiovascular event is greater than or equal to 10 percent.

Medications	Coverage Guideline	Age Guideline
Atorvastatin 10mg, 20mg	10mg, 20mg for moderate-intensity regimen	Adults aged 40-75 years
Lovastatin	20 mg for low-intensity regimen 40 mg for moderate-intensity regimen	Adults aged 40-75 years
Pravastatin	10-20 mg for low-intensity regimen 40-80 mg for moderate-intensity regimen	Adults aged 40-75 years
Rosuvastatin 5mg, 10mg	5-10 mg once daily for moderate-intensity regimen. Quantity Limits apply.	Adults aged 40-75 years
Simvastatin	10 mg for low-intensity regimen 20-40 mg for moderate-intensity regimen	Adults aged 40-75 years



Colorectal Cancer Screening

Medications	Coverage Guideline	Age Guideline
Bowel Prep: Peg 3350/electrolytes solution and trilyte	Limited to 2 fills/calendar year	Covered for screening for colorectal cancer in adults between the ages of 50 and 75.

Heart Attack Prevention

Medications	Coverage Guideline	Age Guideline
aspirin chew tab 81mg aspirin ec tab 325mg aspirin ec tab 81mg aspirin tab 325mg aspirin tab 81mg	Prescribe when potential benefit (due to reduced heart attacks) outweighs the potential harm (due to an increase in GI hemorrhage) in men ages 45-79 years and women ages 55-79 years.	Aspirin is covered for pregnant women who are at high risk for preeclampsia and for men between the ages of 45 and 79.

Contraceptive Drugs

Medications	Coverage Guideline	Age Guideline
apri tab aranelle tab aviane tab cesia tab cryselle tab DEPO-PROVERA SC INJ 104MG ELLA TAB enpresse tab gianvi tab, ocella tab jolessa tab, amethia tab junel FE tab junel tab kariva tab kelnor tab levonorgestrel tab	No coverage guideline	No age guideline



LEVONORGESTREL TAB

0.75MG

medroxyprogesterone inj

mononessa tab

necon tab

necon tab 1-50

No coverage guideline

No age guideline

norethindrone tab

nortrel tab

NUVARING

rajani tab

tri-nessa (LO) tab

XULANE PATCH

Smoking Cessation

Medications

Coverage Guideline

Age Guideline

bupropion

(Zyban equivalent)

Nicotrol Nasal Spray

Nicotrol Inhaler

Nicotine Kits

nicotine patch (Nicoderm equivalent)

Provide tobacco cessation intervention to those adults that use tobacco products. Includes FDA-approved tobacco cessation medications (including both prescription and over-the-counter medications)

18 years and older

nicotine gum (Nicorette equivalent)

nicotine lozenge (Commit equivalent)

Chantix



Vitamins and Minerals

Medications	Coverage Guideline	Age Guideline
Fluoride	Prescribe to preschool children older than 6 months of age whose primary water source is deficient in fluoride.	Fluoride needs to be covered for children of both sexes: ages 0 months to five years.
Folic Acid	Prescribe to women planning or capable of pregnancy as a daily supplement containing 0.4 to 0.8 mg (400 to 800 ug) of folic acid.	No age guideline
Iron	Prescribe to children aged 6 to 12 months who are at increased risk of iron deficiency anemia.	Iron needs to be covered for children of both sexes: ages 0 months to 1 year.
Vitamin D 400unit & 1000unit	Covered for men and women 65 years or older.	Prevention of falls in community-dwelling adults aged 65 years or older who are at increased risk for falls.